FAITH and COMMUNITY INITIATIVE
A Time of hope

TIME OF HOPE
A devotional resource with messages of hope for each friday of this month

LIVE LONGER AND STRONGER WITH HIV TREATMENT FOR LIFE

"O worshippers of Allah use medical treatment." BUKHARI 54661
Narrated from Jabir ibn Abdullah, Allah’s messenger said, “there is remedy for every malady.” Tirmidhi 2170

"Seek cure for disease from what is lawful" Abu Daud 3874

Alternative medical options, including herbalist and witch doctors, harmful cultural and religious beliefs do interfere with good health seeking practices and may also compromise the health of people living with HIV.

Individuals should not always be rational decision makers; they should as well rely on religious guidance and also professional advice. It is important to systematically review available information and forming behaviour intention from guidelines and the advice.

It is therefore important that we encourage and ensure regular visits to health facilities for professional care and health advice. One should always consult a qualified health care giver when feeling illness before faith healing prayer. Adherence to medication helps in building self esteem and plan better for prosperity.